

Contact Us Toll Free at 1.866.208.3430

Sexual Issues - Men

Education

Sexual issues are very common in people suffering from multiple sclerosis (MS). MS attacks affect areas in the central nervous system (CNS) where sexual emotions and arousal takes place. In some cases, sexual symptoms may result from MS damaging the nerve pathways to sexual organs. This damage to the nerves can cause problems with sexual arousal and even orgasm. Other MS symptoms, such as fatigue, pain, or spasticity, can affect sexual mood and function.

Examples of Sexual Symptoms in Men

- Difficulty achieving or maintaining an erection
- Difficulty achieving an orgasm and/or ejaculation
- Loss of sexual desire or mood
- Decline in sexual response
- Decreased sensitivity or sensation in the penis (ask Diplomat about customized compounded orals, liquids and creams for impotence)

Management

- Work with your partner to establish a channel of open communication as it relates to sexuality. Communication is the best way to identify and solve problems in a relationship.
- Talk with your physician about treatment options available over-the-counter and by prescription.
- Sometimes other MS symptoms (like pain, spasticity, fatigue, bladder or bowel symptoms) can “get in the way” of sex. In these cases, try to reduce the symptoms prior to sexual experiences. Talk to your Patient Care Coordinator regarding ways to help control these other MS Symptoms.

Medical Treatment

Before treatment can be considered, a full evaluation should be conducted by your physician. Several different treatment options exist for people suffering from MS with sexual problems including:

- Counseling
- Oral medications (including Viagra®, Cialis®, and Levitra®)
- Injectable medications (including Edex® and Caverject®) and penile suppositories (including Muse®)
- Inflatable devices or pumps

For questions or concerns regarding any of the above statements or recommendations, please feel free to contact Diplomat Specialty Pharmacy Toll Free at 1.866.208.3430.